

$(\psi, H\psi)$

$$\geq E_{TF}(N, Z, R, 6(\frac{\pi^2}{2})^{\frac{1}{3}} - \frac{5}{3} \epsilon^{\frac{2}{3}} 1.68a) - 1.68 \frac{N\alpha^2}{2a}$$

$$\geq \left(6(\frac{\pi^2}{2})^{\frac{1}{3}} - \frac{5}{3} \epsilon^{\frac{2}{3}} 1.68a \right)^{-1} E_{TF}(1, 1, 0, 1) \frac{1}{2} \frac{1}{2} \epsilon^{\frac{7}{3}}$$

$$- 1.68 \frac{N\alpha^2}{2a}$$

$$a = \frac{6(\frac{\pi^2}{2})^{\frac{1}{3}}}{\frac{5}{3} \epsilon^{\frac{2}{3}} 1.68} \epsilon$$

$$= -\frac{1}{6} \left(\frac{\pi^2}{2} \right)^{-\frac{1}{3}} (1-\epsilon) - \frac{1.68 N \alpha^2}{2} \frac{\frac{5}{3} \epsilon^{\frac{2}{3}} 1.68}{6(\frac{\pi^2}{2})^{\frac{1}{3}}} \frac{1}{\epsilon}$$

$$= -\frac{\alpha^2}{2 \cdot 6(\frac{\pi^2}{2})^{\frac{1}{3}}} \cdot \left(\frac{2 \times 7.356 \frac{1}{2} \frac{1}{2}^{\frac{7}{3}}}{1-\epsilon} + \frac{\frac{5}{3} 1.68^2 \epsilon^{\frac{2}{3}} N}{\epsilon} \right)$$

$$= -\frac{\frac{5}{3} 1.68^2 \epsilon^{\frac{2}{3}} \alpha^2 N}{2 \cdot 6(\frac{\pi^2}{2})^{\frac{1}{3}}} \left(1 + \sqrt{\frac{2 \times 7.356}{\frac{5}{3} 1.68^2 \epsilon^{\frac{2}{3}} N} \frac{1}{2} \frac{1}{2}^{\frac{7}{3}}} \right)^2$$

$$= -0.23024 \epsilon^{\frac{2}{3}} \alpha^2 N \left(1 + 1.768 \sqrt{\frac{1}{N} \frac{1}{2} \frac{1}{2}^{\frac{7}{3}}} \right)^2$$

$$\underline{\underline{5.627}} \quad \underline{\underline{5.6027 \text{ Rydbergs}}}$$

§7.4 Other Routes to a Proof of Stability

@ Dyson-Lenard (1967)

$$E \geq -1.3 \times 10^{14} N$$

@ Federbush (1975)

constructive quantum field theory

@ Fefferman (1983)

$$\mathbb{R}^3 \rightarrow \text{boxes}$$

@ Graf (1997)

$$\mathbb{R}^3 \rightarrow \text{simplex ices}$$

§7.5 Extensivity of Matter

$$E(\psi) \geq -\exists A N \quad \leftarrow \text{Thm 7.1}$$

$$T\psi \geq \exists K \int_{\mathbb{R}^3} \rho_\psi(x)^{\frac{5}{3}} dx \quad \leftarrow \text{Cor. 4.1}$$

Theorem 7.2 (Extensivity of Matter)

$$(i) \quad \forall p > 0 \quad \exists \gamma_p > 0$$

$$\text{s.t.} \quad \left(\frac{1}{N} \int_{\mathbb{R}^3} \rho_\psi(x) |\alpha| p dx \right)^{\frac{1}{p}} \\ \geq \gamma_p K^{\frac{1}{2}} \left(\sqrt{\frac{E}{N} + A} + \sqrt{A} \right)^{-1} N^{\frac{1}{3}}$$

$$(ii) \quad \Omega \subset \mathbb{R}^3$$

$$\frac{1}{N} \int_{\Omega} \rho_\psi(x) dx \leq K^{-\frac{3}{5}} \left(\sqrt{\frac{E}{N} + A} + \sqrt{A} \right)^{\frac{6}{5}} \\ \times \left(\frac{\text{vol}(\Omega)}{N} \right)^{\frac{2}{5}}$$

pf.

$$(i) E = \varepsilon(\psi) = \lambda T\psi + (1-\lambda)T\psi + V\psi$$

$$0 < \lambda < 1.$$

$$(1-\lambda)T\psi + V\psi \geq -\frac{AN}{1-\lambda}$$

$$\therefore \psi_\lambda(x) = \lambda^{\frac{3}{2}} \psi(\lambda x) \quad (\lambda > 0)$$

$$\begin{aligned} T\psi_\lambda &= \int |\nabla \psi_\lambda(x)|^2 dx \\ &= \lambda^2 \int |(\nabla \psi)(\lambda x)|^2 \lambda^3 dx \\ &= \lambda^2 T\psi \end{aligned}$$

$$\begin{aligned} V\psi_\lambda &= \int \frac{1}{|x|} |\psi_\lambda(x)|^2 dx \\ &= \lambda \int \frac{1}{|\lambda x|} |\psi(\lambda x)|^2 \lambda^3 dx \\ &= \lambda V\psi \end{aligned}$$

$$\frac{T\psi_\lambda + V\psi_\lambda}{\lambda^2 T\psi + \lambda V\psi} \geq -AN$$

$$\lambda \rightarrow 1-\lambda$$

$$(1-\lambda)T\psi + V\psi \geq -\frac{AN}{1-\lambda} //$$

$$T\psi = \frac{E}{\lambda} - \frac{1}{\lambda} \{ (1-\lambda)T\psi + U\psi \}$$

$$\leq \frac{E}{\lambda} + \frac{AN}{\lambda(1-\lambda)} \quad \left(\frac{1}{\lambda} + \frac{1}{1-\lambda} \right)$$

$$= \frac{E+AN}{\lambda} + \frac{AN}{1-\lambda}$$

$$= (\sqrt{E+AN} + \sqrt{AN})^2 \quad \exists \lambda$$

$$\left(\begin{array}{l} \frac{X}{\lambda} + \frac{Y}{1-\lambda} \\ - \frac{X}{\lambda^2} + \frac{Y}{(1-\lambda)^2} = 0 \\ \sqrt{Y}\lambda - \sqrt{X}(1-\lambda) = 0 \\ (\sqrt{X} + \sqrt{Y})\lambda = \sqrt{X} \\ \lambda = \frac{\sqrt{X}}{\sqrt{X} + \sqrt{Y}} \\ \frac{X(\sqrt{X} + \sqrt{Y})}{\sqrt{X}} + \frac{Y(\sqrt{X} + \sqrt{Y})}{\sqrt{Y}} = (\sqrt{X} + \sqrt{Y})^2 \end{array} \right.$$

$$\therefore K \int_{\mathbb{R}^3} \rho_\psi(x)^{\frac{5}{3}} dx \leq T\psi \leq (\sqrt{E+AN} + \sqrt{AN})^2$$

$$\forall p > 0$$

$$\left(\int_{\mathbb{R}^3} P(x)^{\frac{5}{3}} dx \right)^{\frac{p}{2}} \int_{\mathbb{R}^3} |x|^p P(x) dx$$

$$\geq \exists C_p \left(\int_{\mathbb{R}^3} P(x) dx \right)^{1 + \frac{5}{6}p} \quad (*)$$

$$\left(\int |x|^p P_{\psi}(x) dx \right)^{\frac{1}{p}}$$

$$\geq C_p^{\frac{1}{p}} N^{\frac{1}{p} + \frac{5}{6}} \left(\int P(x)^{\frac{5}{3}} dx \right)^{-\frac{1}{2}}$$

$$\geq K^{\frac{1}{2}} \left(\sqrt{E + AN} + \sqrt{AN} \right)^{-1}$$

$$\geq \underbrace{C_p^{\frac{1}{p}}}_{\gamma_p} K^{\frac{1}{2}} N^{\frac{1}{p} + \frac{5}{6} - \frac{1}{2}} \left(\sqrt{\frac{E}{N} + A} + \sqrt{A} \right)^{-1}$$

$$\therefore \left(\frac{1}{N} \int |x|^p P_{\psi}(x) dx \right)^{\frac{1}{p}}$$

$$\geq \gamma_p K^{\frac{1}{2}} N^{\frac{1}{3}} \left(\sqrt{\frac{E}{N} + A} + \sqrt{A} \right)^{-1} //$$

Fact

$$\forall p: \mathbb{R}^3 \rightarrow [0, \infty)$$

$$\begin{aligned} & \left(\int_{\mathbb{R}^3} p(x)^{\frac{5}{3}} dx \right)^{\frac{p}{2}} \int_{\mathbb{R}^3} |x|^p p(x) dx \\ & \geq \exists C_p \left(\int_{\mathbb{R}^3} p(x) dx \right)^{1 + \frac{5}{6}p} \end{aligned}$$

$$C_p = \left[\frac{4\pi}{p} B\left(\frac{7}{2}, \frac{3}{p}\right) \right]^{\frac{5}{6}p} \cdot \frac{\frac{5}{6}p}{(1 + \frac{5}{6}p)^2}$$

$$\int_{\mathbb{R}^3} P(x) dx = \int_{|x|<1} P(x) dx + \int_{|x|>1} P(x) dx$$

$$\begin{aligned} \int_{|x|<1} P(x) dx &= \int (1-|x|^P) P(x) dx + \int |x|^P P(x) dx \\ &\leq \left(\int (1-|x|^P)^{\frac{5}{2}} dx \right)^{\frac{2}{5}} \left(\int P(x)^{\frac{5}{3}} dx \right)^{\frac{3}{5}} \\ &\quad + \int_{|x|<1} |x|^P P(x) dx \end{aligned}$$

$$\int_{|x|<1} P(x) dx \leq \int_{|x|>1} |x|^P P(x) dx$$

$$\begin{aligned} \therefore \int_{\mathbb{R}^3} P(x) dx &\leq \left(\int_{|x|<1} (1-|x|^P)^{\frac{5}{2}} dx \right)^{\frac{2}{5}} \left(\int_{\mathbb{R}^3} P(x)^{\frac{5}{3}} dx \right)^{\frac{3}{5}} \\ &\quad + \int_{\mathbb{R}^3} |x|^P P(x) dx \end{aligned}$$

$$P(x) = (1-|x|^P)^{\frac{3}{2}} C_P$$

$$X \leq C_P Y^{\frac{3}{5}} + Z$$

$$\begin{aligned} &4\pi \int_0^1 (1-r^P)^{\frac{5}{2}} r^2 dr \\ &= \frac{4\pi}{P} B\left(\frac{7}{2}, \frac{3}{P}\right) \end{aligned}$$

$$\Rightarrow Y^{\frac{P}{2}} Z \geq C X^{1+\frac{5}{8}P}$$

$$\therefore \cancel{Y^{\frac{P}{2}} Z \geq Y^{\frac{P}{2}}} \quad \text{better} \quad Y^{\frac{P}{2}} (X-C)^{\frac{3}{4}}$$

$$Y^{\frac{P}{2}} Z \geq \{C^{\frac{1}{3}} (X-Z)\}^{\frac{5}{3} \cdot \frac{P}{2}} \cdot Z$$

$$= C_p^{\frac{5P}{6}} (X-Z)^{\frac{5P}{6}} Z$$

$$-\frac{5}{6}P (X-Z)^{-\frac{1}{6}P} Z + (X-Z)^{\frac{5P}{6}} = 0$$

$$(X-Z)^{-\frac{1}{6}P} \left\{ -\frac{5}{6}P Z + (X-Z) \right\} = 0$$

$$(1 + \frac{5}{6}P) Z = X$$

$$Z = (1 + \frac{5}{6}P)^{-1} X$$

$$\therefore Y^{\frac{P}{2}} Z \geq C_p^{\frac{5P}{6}} \left(1 - \frac{1}{1+\frac{5}{6}P}\right) X^{\frac{5P}{6}} (1+\frac{5}{6}P)^{-1} X$$

$$= C_p^{\frac{5P}{6}} \frac{\frac{5P}{6}}{(1+\frac{5}{6}P)^2} X^{1+\frac{5}{6}P} //$$

(ii)

$$\int_{\Omega} P_4(x) dx$$

$$= \int_{\Omega} 1 \cdot P_4(x) dx \quad \text{Hölder} \left(\frac{2}{5} + \frac{3}{5} = 1 \right)$$

$$\leq \left(\int_{\Omega} 1 dx \right)^{\frac{2}{5}} \left(\int_{\Omega} P_4(x)^{\frac{5}{3}} dx \right)^{\frac{3}{5}}$$

$$\leq \text{vol}(\Omega)^{\frac{2}{5}} \left(\int_{\mathbb{R}^3} P_4(x)^{\frac{5}{3}} dx \right)^{\frac{3}{5}}$$

$$\therefore \frac{1}{N} \int_{\Omega} P_4(x) dx$$

$$\leq \frac{1}{N} \text{vol}(\Omega)^{\frac{2}{5}} \cdot K^{-\frac{3}{5}} N^{\frac{3}{5}} \left(\sqrt{\frac{E}{N} + A} + \sqrt{A} \right)^{\frac{6}{5}}$$

$$= K^{-\frac{3}{5}} \left(\sqrt{\frac{E}{N} + A} + \sqrt{A} \right)^{\frac{6}{5}} \left(\frac{\text{vol}(\Omega)}{N} \right)^{\frac{2}{5}}$$

§7.6 Instability for Bosons

7.6.1 The $N^{\frac{5}{3}}$ Law

$$(\psi, H\psi)$$

$$Z - 0.231 \alpha^2 Z^{\frac{2}{3}} N (1 + 2.16 Z (\frac{M}{N})^{\frac{1}{3}})^2$$

$$= - \underset{\substack{\uparrow \\ Z, \frac{N}{M}}}{C} N^{\frac{5}{3}} \quad (Z = N)$$

Prop. 7.1 ($N^{\frac{5}{3}}$ Instability for Bosons)

$$Z_j = Z \quad (j = 1, \dots, M)$$

$$\exists \psi \in \bigotimes^N L^2(\mathbb{R}^3) \quad \text{symmetric}$$

$$(\psi, \psi) = 1$$

$$\exists \underline{R} = (R_1, \dots, R_M) \in \mathbb{R}^{3M}$$

$$\text{s.t.} \quad E(\psi) = (\psi, H\psi)$$

$$\leq -\exists C \alpha^2 Z^{\frac{4}{3}} \min\{N, ZM\}^{\frac{5}{3}}$$

pf.

$$M = m^3 \quad (m \in \mathbb{Z})$$

$$N = \mathbb{Z}M$$

$$\psi(\alpha_1, \dots, \alpha_N) = \prod_{i=1}^N \phi_\lambda(\alpha_i) \quad \int_{\mathbb{R}^3} |\phi_\lambda(\alpha_i)|^2 d\alpha_i = 1$$

$$\phi_\lambda(\alpha) = \lambda^{\frac{3}{2}} g(\lambda\alpha) \quad (\lambda > 0)$$

$$g \in L^2(\mathbb{R}^3) \text{ s.t. } \int_{\mathbb{R}^3} |g(\alpha)|^2 d\alpha = 1$$

$$\begin{cases} (\psi, H\psi) = \frac{1}{2} N \lambda^2 \int_{\mathbb{R}^3} |\nabla g(\alpha)|^2 d\alpha + \lambda \alpha W(N, \mathbb{R}) \\ W(N, \mathbb{R}) = \frac{1}{2} N(N-1) \iint_{\mathbb{R}^3 \times \mathbb{R}^3} \frac{|g(x)|^2 |g(y)|^2}{|x-y|} dx dy \\ \quad - \mathbb{Z} N \sum_{R=1}^M \int_{\mathbb{R}^3} \frac{|g(\alpha)|^2}{|\alpha - R_R|} d\alpha + U(\mathbb{R}) \end{cases}$$

$$\therefore (\psi, -\frac{1}{2} \sum_{j=1}^N \Delta_j \psi) = \frac{1}{2} \sum_j \int_{\mathbb{R}^{3N}} |\nabla_j \psi(x)|^2 dx$$

$$\begin{aligned} & \int_{\mathbb{R}^3} |\nabla \phi_\lambda(\alpha_j)|^2 d\alpha_j \\ & \nabla \phi_\lambda(\alpha) = \lambda^{\frac{3}{2}} \nabla(g(\lambda\alpha)) = \lambda^{\frac{3}{2}+1} (\nabla g)(\lambda\alpha) \\ & = \frac{1}{2} N \lambda^2 \int_{\mathbb{R}^3} |(\nabla g)(\lambda\alpha)|^2 \lambda^3 d\alpha \\ & \quad |\nabla g(\alpha)|^2 d\alpha \end{aligned}$$

$$(\psi, \sum_j \frac{1}{|x_i - x_j|} \psi)$$

$$= \lambda \sum_j \iint_{\mathbb{R}^3 \times \mathbb{R}^3} \frac{|g(x_i)|^2 - |g(x_j)|^2}{|x_i - x_j|} \lambda^3 dx_i \cdot \lambda^3 dx_j$$

$$= \lambda \sum_j \iint \frac{|g(x)|^2 - |g(y)|^2}{|x - y|} dx dy$$

$\underbrace{\hspace{10em}}_{\frac{1}{2} N(N-1)}$

$$(\psi, \sum_{j=1}^N \sum_{k=1}^M \frac{Z}{|x_j - R_k|} \psi)$$

$$= \lambda Z \sum_j \sum_R \int_{\mathbb{R}^3} \frac{|g(x_j)|^2}{|x_j - \tilde{R}_k|} \lambda^3 dx_j$$

$$= \lambda Z \underbrace{\sum_j}_{\underbrace{\hspace{1em}}_N} \sum_R \int \frac{|g(x)|^2}{|x - R_k|} dx$$

$$(\psi, U(R) \psi)$$

$$= (\psi, \psi) \sum_{k \leq l} \frac{Z^2}{|\tilde{R}_k - \tilde{R}_l|} = \lambda \underbrace{\sum_{k \leq l} \frac{1}{|R_k - R_l|}}_{U(R)} //$$

cont...

$$W(N, B) \leq - \frac{\exists C Z^{\frac{2}{3}} N^{\frac{4}{3}}}{B} \quad \text{--- } (\star)$$

$$\begin{aligned} \Rightarrow (\psi, H\psi) &\leq A\lambda^2 - B\lambda \\ &= A\left(\lambda - \frac{B}{2A}\right)^2 - \frac{B^2}{4A} \\ &= -\frac{B^2}{4A} \quad (\exists \lambda) \\ &= -\frac{C' \alpha^2 Z^{\frac{4}{3}} N^{\frac{8}{3}}}{N \int |\nabla g(x)|^2 dx} \end{aligned}$$

$$\bigcup_k \Gamma_k = \text{supp } g \subset \mathbb{R}^3$$

$$\text{s.t. } \int_{\Gamma_k} |g(x)|^2 dx = \frac{1}{M} \quad (k=1, \dots, M)$$

$$R_k \in \Gamma_k$$

avg. value with weight $M|g(x)|^2$ in Γ_k .

$$\begin{aligned} & -ZN \sum_k \int_{\Gamma_k} \int_{\mathbb{R}^3} \frac{|g(x)|^2}{|x - \cancel{R_k}|} dx \cdot M|g(y)|^2 dy \\ &= -ZNM \underbrace{\sum_k \int_{\Gamma_k}}_{\int_{\bigcup_k \Gamma_k} \Rightarrow \int_{\mathbb{R}^3}} \int_{\mathbb{R}^3} \frac{|g(x)|^2 \cdot |g(y)|^2}{|x-y|} dx dy \end{aligned}$$

$$\iint \underbrace{U(\mathbb{R})}_{\sum_{k \leq \ell} \frac{Z^2}{|x-y|}} M |g(x)|^2 dx \cdot M |g(y)|^2 dy$$

$$= Z^2 M^2 \sum_{k \leq \ell} \int_{\mathbb{R}} \sum_{\ell} \int_{\mathbb{R}} \frac{|g(x)|^2 |g(y)|^2}{|x-y|} dx dy$$

$$\left(\sum_{k \leq \ell} = \frac{1}{2} \left(\sum_k \sum_{\ell} - \sum_k \sum_k \right) \right) \quad \boxed{\text{diagonal}} \quad \downarrow$$

$$= \frac{1}{2} Z^2 M^2 \iint_{\mathbb{R} \times \mathbb{R}} \frac{|g(x)|^2 |g(y)|^2}{|x-y|} dx dy$$

$$- \frac{1}{2} Z^2 M^2 \sum_k \iint_{\mathbb{R} \times \mathbb{R}} \frac{|g(x)|^2 |g(y)|^2}{|x-y|} dx dy$$

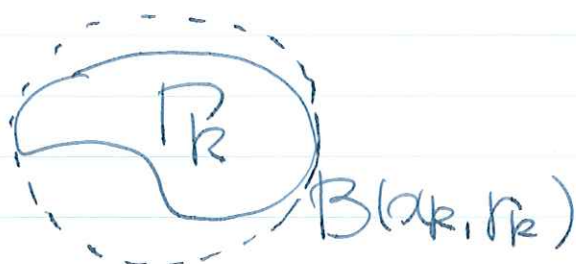
$$\exists \underline{R} \text{ s.t. } W(N, \underline{R}) \leq \langle W(N, \underline{R}) \rangle_{\underline{R}}$$

$$= \underbrace{\left(\frac{1}{2} N(N-1) - ZNM + \frac{1}{2} Z^2 M^2 \right)}_{\leq 0 \text{ if } N = ZM} \iint \frac{|g(x)|^2 |g(y)|^2}{|x-y|} dx dy$$

$$- \frac{1}{2} Z^2 M^2 \sum_k \iint_{\mathbb{R} \times \mathbb{R}} \frac{|g(x)|^2 |g(y)|^2}{|x-y|} dx dy$$

$$\leq - \frac{1}{2} Z^2 M^2 \sum_k \iint_{\mathbb{R} \times \mathbb{R}} \frac{|g(x)|^2 |g(y)|^2}{|x-y|} dx dy$$

Take the smallest $r_k > 0$ s.t. $\Gamma_k \subset B(x_k, r_k)$



$$\frac{1}{2} \iint_{\Gamma_k \times \Gamma_k} \frac{|g(x)|^2 |g(y)|^2}{|x-y|} dx dy \geq \left(\frac{1}{M}\right)^2 \frac{1}{2r_k} \frac{1}{2M^2 r_k}$$

Jensen's inequality

$$\left[\begin{array}{l} f: \text{convex, } \mu > 0 \text{ on } \mathbb{R} \\ \Rightarrow \frac{1}{\mu(\mathbb{R})} \int f(x) \mu(dx) \geq f\left(\frac{\int x \mu(dx)}{\mu(\mathbb{R})}\right) \end{array} \right.$$

$$f(x) = \frac{1}{x} \quad (x > 0)$$

$$\mu(dx) = \sum_{j=1}^M \delta(x - r_j) dx, \quad \mu(\mathbb{R}) = \sum_j 1 = M$$

$$\frac{1}{M} \underbrace{\int \frac{1}{x} \mu(dx)}_{\geq \frac{1}{\sum_k r_k}} \geq \underbrace{\frac{M}{\int x \mu(dx)}}_{\geq \sum_k r_k}$$

$$\frac{1}{2} Z^2 M^2 \int_{\mathbb{R}} \int_{\mathbb{R}} \frac{|g(x)|^2 |g(y)|^2}{|x-y|} dx dy$$

$$\geq \frac{1}{2} Z^2 M^2 \int_{\mathbb{R}} \frac{1}{M^2 r_R}$$

$$= \frac{1}{2} Z^2 M \cdot M^{-1} \int_{\mathbb{R}} \frac{1}{r_R}$$

$$\geq \frac{1}{2} Z^2 M \cdot \frac{1}{\frac{1}{M} \int_{\mathbb{R}} r_R}$$

$$\alpha = (\alpha^1, \alpha^2, \alpha^3) \in \mathbb{R}^3$$

$$g(\alpha) = f(\alpha^1) f(\alpha^2) f(\alpha^3)$$

$$\text{supp. } f \subset [-1, 1] = \bigcup_j I_j$$

$$\int_{I_j} |f(t)|^2 dt = \frac{1}{n} \quad (j=1, \dots, n)$$

$$\mathbb{R} = I_{j1} \times I_{j2} \times I_{j3}$$



$$|\mathbb{R}| = \text{s.t. } u$$

$$r_k = \frac{1}{2} (s^2 + t^2 + u^2)^{\frac{1}{2}} \\ \leq \frac{1}{2} (s + t + u)$$

$$\therefore \frac{1}{M} \sum_{k=1}^M r_k \leq \frac{1}{2} \left(\frac{1}{n} + \frac{1}{n} + \frac{1}{n} \right) \\ = \frac{3}{2} \frac{1}{n} = \frac{3}{2} M^{-\frac{1}{3}}$$

$$\therefore (\psi, H\psi)$$

$$\leq -\frac{1}{2} Z^2 M \frac{1}{\frac{1}{M} \sum_{k=1}^M r_k}$$

$$\leq -\frac{1}{2} Z^2 M \frac{1}{\frac{3}{2} M^{-\frac{1}{3}}} = -\frac{1}{3} Z^2 M^{\frac{4}{3}} \\ Z^{\frac{2}{3}} (ZM)^{\frac{4}{3}} //$$

(★)